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# DEPARTMENT OF HEALTH AND HUMAN SERVICES





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## TECHNICAL BULLETIN

DATE: October 3, 2024

TOPIC: Blood Lead Level Testing in Nevada, Reporting Requirements AUTHOR: Jeanne Ruff, State Epidemiologist, Office of State Epidemiology TO: Pediatricians, Family Medicine Providers, and Primary Care Providers

### BACKGROUND

Lead is a naturally occurring heavy metal that can cause negative health effects in children and adults. Sources of lead exposure can include chipping or peeling paint in homes or buildings constructed before 1978, water from lead pipes, soil near airports, highways, or factories, some imported candies, traditional medicines, spices, toys, and certain jobs and hobbies. Children younger than six years are at greatest risk for lead exposure due to their hand-to-mouth behavior.

Even low levels of lead in blood can hurt a child's ability to learn, pay attention, and do well in school. Most children exposed to lead have no obvious or immediate symptoms. Testing for lead in blood in young children is often the only way to identify lead poisoning and can prompt medical intervention, identification of exposure sources, and remediation activities. More than 270,000 Nevada residents are children under the age of six years, yet <u>National Childhood Blood Lead Surveillance Data</u> shows that only four percent of children in Nevada were tested for lead in 2018.

Healthcare providers are encouraged to conduct blood lead level screening for all children in accordance with <u>guidelines from the Centers for Medicare and Medicaid</u>. Blood lead level screening is required for all children enrolled in Medicaid and should be conducted when the child:

- Reaches 12 and 24 months of age; or
- At least once before the child reaches six years of age.

Blood lead level testing can be performed using venous or capillary blood specimens. <u>NRS 442.700</u> requires that elevated blood lead levels ( $\geq$  3.5 ug/dL) identified in a capillary specimen must be confirmed with a venous specimen as soon as practicable after the initial result is obtained.

## **REPORTING REQUIREMENTS**

Per NRS 442.700, blood lead test results for children under 18 years of age must be reported to the appropriate health authority (see the table below for the Local Health Authorities in Nevada). This includes all test results, regardless of whether an elevated blood lead level is identified. Healthcare providers and clinical laboratories are encouraged to report these test results using Electronic Laboratory Reporting (ELR). For more information regarding ELR onboarding, please contact dpbhelronboarding@health.nv.gov.

Blood lead test results for children under 18 years of age must be submitted to the Local Health Authority as soon as practicable after conducting the test. In accordance with reporting requirements for notifiable

conditions defined in <u>NAC 441A.225</u>, providers are requested to report blood lead test results during the regular business hours of the health authority on the first working day following the receipt of the lab result. The report must include, without limitation:

- The name, sex, race, ethnicity, and date of birth of the child;
- The address of the child, including without limitation, the county and zip code in which the child resides;
- The date on which the sample was collected;
- The type of sample that was collected (e.g., capillary specimen or venous specimen); and
- The name and contact information of the provider who ordered the test.

# Healthcare providers are also encouraged to report blood lead level test results indicating elevated blood lead levels (≥3.5ug/dL) for adults 18 years of age or older to the applicable Local Health Authority. Test results for adults can be sent through Electronic Laboratory Reporting or cases can be reported using <u>Nevada's Confidential Morbidity Report Form</u>.

Local Health Authority	County	Fax & Phone Number to Report
Carson City Health and Human Services (CCHHS)	Carson City, Douglas, and Lyon	Fax: 775-328-3764 Ph: 775-887-2190 (24 hours)
Central Nevada Health District (CNHD)	Churchill, Mineral, Eureka, and Pershing	Fax: 775-687-2697 Ph: 775-866-7535 (24 hours)
Northern Nevada Public Health (NNPH, formerly WCHD)	Washoe	Fax: 775-328-3764 Ph: 775-328-2447 (24 hours)
Southern Nevada Health District (SNHD)	Clark	Fax: 702-759-1435 Ph: 702-759-1300 (24 hours)
Nevada Division of Public and Behavioral Health (DBPH) Office of State Epidemiology	All other counties	Fax: 77-684-5999 Ph: 775-684-5911 (M-F 8a.m 5 p.m.)

#### RESOURCES

Visit the Nevada Childhood Lead Poisoning Prevention Programs website for:

- More information on lead in Nevada
- Information sessions available for providers
- Education materials for families
- Reporting requirements
- An opportunity to acquire a LeadCare II analyzer for on-site testing (while supplies last)
- An opportunity to receive a \$10,000 mini-grant to establish clinic-level testing policies
- Updates on the latest recalls and more

<u>Click here t</u>o sign up to receive the NvCLPPP newsletter and the latest consumer products recalls.

Clinicians can contact the <u>Western States Pediatric Environmental Health Specialty Unity (PEHSU)</u> or <u>the</u> <u>Rocky Mountain Poison Center</u> for medical consultation regarding patients with elevated blood lead levels.

• PEHSU: (415) 514-0878, or email pehsu@ucsf.edu

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• Rocky Mountain Poison Center, Nevada: (800) 222-1222

#### Questions

For updated guidance, review the <u>Division of Public and Behavioral Health Technical Bulletin</u> web page regularly. Email <u>stateepi@health.nv.gov</u> for other questions regarding NRS 442.700 Screening for Amount of Lead in Blood of Children.

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